Study Guide on Matthew 6:16-18

New Revised Standard Version

Assign each person in the class one or more verses to study. Each person should answer these two questions on their assigned verse.

- 1. What does this verse say?
- 2. What does this verse mean to me?
- 3. Discuss your answers with the class.

Matthew 6:16-18

(Matthew 6:16) "And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward.

(Matthew 6:17) But when you fast, put oil on your head and wash your face,

(Matthew 6:18) so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you."

Write the verse or verses you have been assigned in the space below:

Answer These Questions for Class Discussion or Study

1. What does the verse say?

2. What does the verse mean to me?